# - Sunday -HEY SUNDAE

## Nutrition Hydration week

### A true classic

What better way to give your residents a bit of a treat on a Sunday? Use your imagination and make the most of kitchen ingredients to whizz up some delicious sundaes packed with energy. Take residents back to their childhood and serve banana splits, or a lovely dessert in a sundae dish with a long spoon

Our range includes ice cream to create sundaes, accompany desserts or make on-thego cones; we also have a full section of tangy sorbets and frozen yogurt.







## Easy ice cream

Birds Ice Cream Mix

A 29448

2 x 3kg

The first ambient ice cream mix in Foodservice, allowing you to make as much or as little as you need, saving you valuable freezer space and ready in as little as 3 hours.

This powdered ice cream mix only requires a 3 step process:

- Add water
- 2. Mix
- 3. Freeze

With no special equipment required, it's perfect on it's own or used with a range

of other ingredients and toppings - try adding fruit pieces of purées to help people reach their 5 a day.

To fortify with extra energy, why not add whole milk or cream instead of water.





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# Chocolate & Orange Sundae

Serves 1



### Ingredients

F 122253	The Great British Ice Cream Co Blood Orange Sorbet	60g
F 111998	Brakes Dark Chocolate Dairy Ice Cream	60g
A 128656	Brakes Mini Chocolate Curls	1g
A 21141	Brakes Whole Mandarin Segments in Light Syrup	50g
A 100530	Da Vinci Gourmet Chocolate Flavoured Sauce	5g
A 16810	Marcantonio Sundae Sensations 280 Rossini Curls	2ea
C 18502	Brakes UHT Aerosol Cream	10g
A 100087	McVitie's The Original 12 Jaffa Cakes	5a

#### Method

1. All of your ingredients are ready to go, just assemble in a bowl or dish and serve!

## Dairy Free Coconut & Mango Sundae

#### Serves 1



#### Ingredients

C 124144	Coconut Yogurt Alternative	60g
F 129134	Joe Deluccis Vegan Coconut Ice Cream	60g
F 33385	Diced Mango	50g
F 33608	Brakes Mango Sorbet	60g
A 88423	Brakes Passion Fruit Decorating Coulis	5g
A 28983	Brakes Mango Purée	15g
A 255	Brakes Desiccated Coconut	2g

#### Method

- 1. Defrost your mango
- 2. Lightly toast the coconut
- 3. All of your ingredients are now ready to go, just assemble in a bowl or dish and serve!