**Nutrition Champions**

**Meeting Nutritional Needs is a key requirement throughout health and social care.**

**To help us address this issue we looking for an individuals to become a Nutrition Champion.**

**What is a Nutrition Champion?**

A Nutrition Champion will be a person who has interest in good nutrition who will act as focal point in the unit to encourage good nutritional practices. As a Nutrition Champion you will promote good nutrition and hydration based on the key themes of the 10 key Characteristics for Good Nutritional Care, will be involved in taking the lead in involving colleagues, *patients /residents, family and community members in the service’s work* in nutrition and lead in a project to develop the unit’s practice in nutrition. Training and personal development will be available to all Nutrition Champions to help support them to undertake any their role.

The Champions should have enthusiasm, commitment, confidence, the ability to promote good nutrition, a passion for their work and the wish to inspire others to deliver good nutritional care.

**Could I be a Nutrition Champion?**

Are you passionate about food and in particular nutrition?

Are you in position to bring about change in the unit?

Would you like to promote good nutrition to others?

If the answer is ‘yes’ then why not become a Nutrition Champion?

**What is your commitment?**

The Nutrition Champions will need to be able to participate in the project in the workplace and in attending nutrition champion training and project meetings.

**If you are interested in becoming a Nutrition Champion then can you please send your details to *email address by XXXXXXX*.**

**If you would like to nominate a staff member or you require further information on the role of Nutrition Champion** t**hen please contact *XXXXXXX on XXXXXXXXXXXXXXXX.***